

WE ARE: SOUTH CREEK SEVEN

Find this newsletter and more on our website <https://sc7hoa.org/>

65 houses sit the valley at the base of the flatirons. At any time of day you hear kids laughing, neighbors chatting, dogs always barking, someone is crying, running, laughing, living.

Everyday heroic living.

HEAR YE, HEAR YE

July 16th at 4:30 PM = Tantra Palooza!!!!

Huge Block Party in the cul-de-sac between 1035 & 1053 TPC Music, Food Trucks and more!

July 20th at 5:30 - 7:00 PM = CSU Mater Gardener Talk and Q & A.

Meet at the Copeland's 1071 Tantra Park Circle and learn about and discuss all things gardening & Xeriscaping. Happy hour walk & talk. Cocktails, Mocktails and Hors d'oeuvres. Open to friends and family. Everyone welcome.



WELCOME NEW SC7 NEIGHBORS!

Judy, Brian and Palmer Cornett

We're Judy, Brian, and Palmer (5 years old) and we are so excited to be a part of this amazing community. We are originally from Jacksonville, FL and lived 5 years in Houston before moving to Boulder in 2015. We didn't know this neighborhood existed until our home came on the market and are so glad we stopped by at the open house and decided to try our luck in this crazy market.

We have two other housemates, our dogs Bauer (16 year old Chihuahua) and Beckett (6 year old Aussie). I (Judy) work from home as a Revenue Operations Manager for a small, remote RevOps agency. Brian also works from home as a Software Engineer. Palmer is currently at camp but will be joining the Creekside family as a Kindergartner in the fall!

We love to be outside. Most nights after dinner you can find us at the playground. Palmer is a monkey bar champion, practicing most nights. She also loves participating in gymnastics at CATS. Brian enjoys cycling and hiking. I also enjoy hiking and am one of those Peloton people!

We've moved a lot, lived in a lot of different neighborhoods and communities but a real sense of community and togetherness has eluded us. But we've finally found it here on Tantra Park Circle. The first week we met more neighbors here than in all of our previous neighborhoods combined. We feel incredibly lucky and cannot wait to further our ties here in this community!

Thanks Judy!

Judy has already made a big difference in our community. She is working with other neighbors (Ellie Sandroock, Liz Paoella and Chelsea Colwyn) to make the Block Party a Spectacular Event.

Tantra Palooza is happening July 16th at 4:30 PM in the cul-de-sac between 1035 & 1053 TPC

The Cornetts will be there! Thanks so much Judy for jumping right in to help pull together this event!



WELCOME NEW SC7 NEIGHBORS!

Hello! We are the Colwyns, Chelsea & Dave. We have two kids, Cassidy and Astrid, and a wonderful cat. Chelsea grew up in south Boulder. We moved (back) to Boulder in 2018 and to SC7 in 2020. We love wandering out our front door and meeting friends, watching our kids play together, and spending time together.

Chelsea is an attorney for Native American tribes in Montana. Dave is a full-time parent since COVID began; he is also a climate scientist and geologist.

In our free time, we try to funnel our kids' energy in to constructive rather than destructive pursuits. We succeed some of the time. We love to cook things, we cut the grass (sometimes poorly), we go to the park with the kids to try to keep them from bouncing off the walls. We fix bikes, we ride bikes, and we make up imagined histories for people walking by on the multi-use path. We have conversations with people walking by on said path. We enjoy eating dinner outside for as much of the year as we can, from where we can make up more stories about people and talk to more people as they pass. Fun fact? Our cat is a top-notch snuggler. 5 out of 5, would snuggle again.

To us, community means, a group of people who emphasize what they share over what they don't. We're happy that we live in a place like that.

We were excited to meet and send a "Shout Out" to our new neighbors across the street, the Cornetts!

WILLIAM STAFFORD

WITH NEIGHBORS ONE AFTERNOON

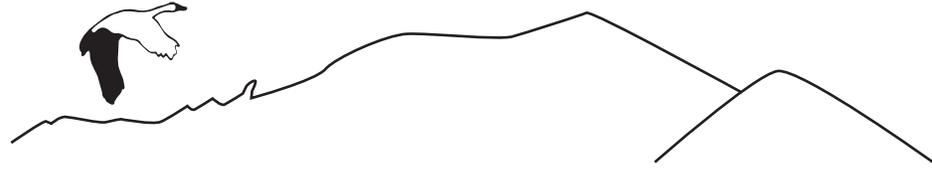
Someone said, stirring their tea, "I would
come home any time just for this,
to look out the clear backyard air
and then into the cup."

You could see the tiniest pattern of bark on the trees
and every slight angle of color change
in the sunshine—millions of miles of gold light
lavished on people like us.

You could put out your hand and feel the rush of years
rounding your life into these days of ours.
From somewhere a leaf came gliding slowly down
and rested on the lawn.

Remember that scene?—inside it you folded the last
of your jealousy and hate, and all those deeds so hard
to forget. *Absolution*: swish!—you took
the past into your mouth,

And swallowed it, warm, thin, bitter, and good.



FEATURED NEIGHBORS

Neighbors in The CU Political Science Department

By Andy Baker

SC7 has two members, Nancy Billica and Andy Baker, of the CU Political Science faculty.

“Political science” is the scientific study of government and public authority in the United States, in foreign countries, and between countries. Impeachment, political polarization and partisanship, police violence, the war in Ukraine, the North Atlantic Treaty Organization and the United Nations, environmental policy, women’s and minority rights around the world—political scientists study all of these topics and many more!

Nancy has lived in the neighborhood since 1994 and is married to Brian Vickers. Together they raised two daughters right here in SC7. Rebecca, age 30, is a novelist. (You can find her books on Amazon under R.J. Vickers). She and husband Daniel recently welcomed a baby girl named Kalleah. Rebecca and her family live in Geraldine, New Zealand. Melinda, age 26, just completed her master’s degree focused on meadow ecology.

Nancy has taught at CU since 1998, and this year she was chosen by her department peers to receive the prestigious Undergraduate Teacher of the Year Award! Nancy teaches courses on environmental and social policy as well as Congress, state politics, political parties, and interest groups in the US. She also runs the department’s internship program, which gives undergraduate students valuable job experiences with political organizations around Colorado.



From left, Rebecca and Daniel, Melinda Vickers, Nancy Billica, Brian Vickers, Paris, Christmas 2019



Andy Baker

Andy has lived in SC7 since 2007. He is married to Lila Rosenthal, and their daughter Della Baker-Rosenthal is a 17-year-old rising senior at Fairview High School. Della works as a server at Frasier Meadows Retirement Community, and last year she was a junior ski instructor at Eldora. In the previous SC7 newsletter, their dog Tucker was the Pet of the Month! Andy has taught at CU since 2007, and he became the department chair on July 1, 2021. Andy teaches courses on Latin American politics, African politics, international development, and social science statistics, and he has conducted research in and lived in Brazil and Mexico.

Learn more about CU Political Science:

- CU Political Science has about 30 full-time faculty members and over 1,000 undergraduate majors. It is among the ten most popular majors on campus.
- The department has a top-ranked Ph.D. program with roughly 50 Ph.D. students.
- CU Political Science follows a learning-by-doing curriculum that trains undergraduate students using an active, hands-on approach to teaching.
- CU's Dean of Arts and Sciences, its Dean of Social Sciences, and its Dean of the Graduate School are all faculty members in Political Science.
- Over the past four years, two graduates of CU Political Science won the internationally competitive and prestigious Rhodes scholarship.
- The department's faculty are prolific researchers who frequently publish books and articles about politics. In the past four years alone, five faculty members have won prominent awards for their books. Here are some of those awards:

Voice and Inequality: Poverty and Political Participation in Latin American Democracies by Carew Boulding (with Claudio Holzner). Best book in 2021 on Latin American public opinion.

Peacekeeping in the Midst of War by Megan Shannon (with Lisa Hultman and Jacob D. Kathman). Best book in 2018/19 on international conflict.

Close to Home: Local Ties and Voting Radical Right in Europe by Jennifer Fitzgerald. Best book in 2018 on European politics and societies.

The Political Economy of Pension Policy Reversal in Post-Communist Countries by Sarah Wilson Sokhey. Outstanding publication in 2018 on the political economy of Russia, Eurasia and/or Eastern Europe.

- The department offers nearly 100 courses per year, including dozens during the summertime, on a wide array of content, ranging from topics in US politics to international politics to political philosophy to statistics. Non-CU-students can even take on-line or in-person courses through Continuing Education: <https://ce.colorado.edu/>



The Back Yard Farm

Trial, Error and Delicious Success

By Cindy and Michael Copeland

Michael & Cindy farm their TPC garden together with sons Terran 16 and Zane 13.

Editors note: In Vol 1 we featured Mike's crawl space / grow lamp experiment. Below is the update:

Well, as they say, "the best laid plans..." Anyway, the crawl space garden starts didn't quite work out that well this year. In my defense, it was half baked and put together on a whim. It worked quite well until it didn't. The main issue was quick/easy access and then going on vacation. I filled it with water before we left but it was dry as a bone by the time we got back. I did have 4 survivors of the original 32 pots: 1 basil and 3 squash. I have ideas for next year and will try to create an auto watering system, but I think the key will be easy access so no more crawl space for us!

The whole garden is now planted and is hooked to our sprinkler system, but we are going out of town again, so here goes nothing again! It is always fun to get back after a trip to see a lot of progress, but I won't hold my breath. Here's , to keeping hope and plants, alive!
-Farmer-in-residence Michael

Looking out my window now I'm quite hopeful and satisfied. Growing in our outdoor garden we have garlic that Michael started in the fall and potatoes that Michael cut into chunks and dried after we accidentally had some potatoes sprout. In May I put in seeds for several types of lettuce, spinach, and kale. We have a summer CSA share and don't really need more greens, but they're so easy to grow and I like handing out bags of greens to people. I also put in zinnia seeds just for fun. In June, I bought of bunch organic plants at Harlequin's Gardens since the seedlings didn't grow so now we have tomatoes, basil, some parsley (but the squirrels keep digging it up), a few kinds of winter squash, and hot peppers. We also have strawberries, rhubarb, oregano, and dill that come back every year.

In addition to our vegetable garden, I decided this spring to reseed the small remaining amount of grass in the backyard with a native wildflower/grass blend from a local company. I can't say it's been a success yet, but we do have a number of wildflowers coming up. I'm just hoping they'll flower and seed, otherwise they won't reseed themselves for next year. We do have to water the yard this year to get it going but the hope is that we won't need to water in future years. That will help complete our attempt to have the entire yard (minus the garden of course) xeriscaped/low water.

- Happy gardening! Cindy



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NCAR FIRE, March 26, 2022.. Photo Cliff Grassmick, The Boulder Daily Camera

By Nancy Billica

With two wildfire alerts hitting the neighborhood in the past half year, most of us have accepted that we really are in a wildfire zone. That means we all need to be wildfire ready.

The emergency alert system for Boulder County is Everbridge. This service allows you to opt-in to receive notifications via phone, text, or e-mail. Note that you can receive notifications for multiple locations - including your home, workplace, family member schools, and others. The Boulder County Sheriff's Office has noted that only about 30 percent of Boulder County residents have signed up to date to receive emergency alerts. Don't be the last ones to know!

For more information and to sign up for Boulder County's emergency alert system, go [HERE](https://www.bouldercounty.org/safety/emergency/emergency-mass-notification-system/):
<https://www.bouldercounty.org/safety/emergency/emergency-mass-notification-system/>

Emergency notifications include several types of messages, including: Advisory (information about an emergency situation that could impact one of the addresses listed on your profile); Warning (prepare to take action); or Order (take required action immediately - including evacuation from wildfire danger, or action in response to other emergencies, such as tornadoes or flash floods).

After you are signed up for alerts, make sure you are prepared to act on that information if and when it comes. There are many helpful sources for preparation suggestions. Rotary Wildfire Ready (<https://www.rotarywildfire-ready.com/>) has lots of easy-to-access and useful information for putting together a "Go Bag," an Evacuation Checklist, building a personal wildfire action plan for you and your family, and many more suggestions for protecting yourselves and your homes.

Being the friendly neighborhood that we are, let's look out for each other as well. If you've received an alert and are wondering if your neighbors have heard the news, knock on some doors or send a text message just to be sure that everyone is in the know.

Share your know how and tips

Please email your tips, improvement projects, thoughts etc to the editor: spfdesign@comcast.net



Rats have become more common in SC7 in recent years. YIKES!

We live in a tight community. Rats living at one house quickly multiply and move in next door.

SC7 HOA is testing "Contrapest" <https://contrapeststore.com/> rat contraceptive devices to control the current population and curtail future populations.

Please work together with your neighbors and follow the steps below to rodent-proof your home.

The below text is excerpted from The City of Boulders "A Guide for Safe and Effective Rat Control." For in depth info go to: <https://bouldercolorado.gov/media/4379/download?inline=>

Take these steps to rodent-proof your home:



Manage exterior landscaping.

Avoid low-lying shrubs and vines, such as creeping juniper, next to buildings and fences. Remove tree branches within five feet of the building. Mow tall grass and weeds. Don't give rats a place to hide.

Remove clutter both inside and outside the building.

Remove boxes, rubbish and other debris that may have accumulated. Do not store firewood against house or a building. Remove old furniture, vehicles and appliances from your property. Don't give rats a home.

Manage food sources. Store large bags of dog food or birdseed in metal or heavy-duty plastic cans. Pick up pet food dishes at night. Secure compost piles and recycling bins so that they are inaccessible to rodents. Remove animal waste (feces) every day from your yard. Animal waste contains undigested pet food that rats will eat. Don't provide food sources.

Keep garbage cans clean and secure.

• Use a durable trashcan with a tight-fitting lid. Do not put out trash in plastic bags. Rats will chew through them and feast on your leftovers.



The City advises that best practice is the Use of Snap Traps

Snap traps are lethal traps that quickly and humanely kill rats as they attempt to eat the bait. There are several advantages to using snap traps.



The City discourages Poison due to the risks to children, pets and wildlife

Poison baits are dangerous to children, pets, and non-target animals such as hawks, owls and other birds of prey, coyotes or bobcats, mountain lions, foxes and other wildlife.

Poison can harm pets or wildlife by secondary poisoning - a pet or animal that eats a poisoned rat is also poisoned.



VERY RARE BLACK FOX

Many sightings reported of our very own "Very Rare Black Fox." One early morning it was right outside one neighbor's bedroom window. These photos are courtesy Cindy Copeland. The below info courtesy of Wikipedia.



The silver fox is a melanistic (The term melanism refers to black pigment) form of the red fox. Silver foxes display a great deal of pelt variation. Some are completely glossy black except for a white coloration on the tip of the tail. In the standard silver fox the dark color is caused by a recessive mutation gene.

WHITE MORPHS			RED MORPHS		
ALBINO VERY RARE Lacking all pigmentation and appearing white.	LEUCISTIC WHITE? RARE Lacking all pigmentation except for the eyes.	LEUCISTIC VERY RARE Lacking all pigmentation except for the tail tip.	SANDY VERY RARE Lacking all pigmentation except for the tail tip.	BLONDE VERY RARE Lacking all pigmentation except for the tail tip.	LIGHT RED VERY RARE Lacking all pigmentation except for the tail tip.
EXTREME PIEBALD VERY RARE Lacking all pigmentation except for the tail tip.	PIEBALD VERY RARE Lacking all pigmentation except for the tail tip.	WHITE SPOTTING VERY RARE Lacking all pigmentation except for the tail tip.	STANDARD RED COMMON Lacking all pigmentation except for the tail tip.	DARK RED VERY RARE Lacking all pigmentation except for the tail tip.	SMOKY RED VERY RARE Lacking all pigmentation except for the tail tip.
GREY MORPHS			BLACK MORPHS		
LIGHT GREY VERY RARE Lacking all pigmentation except for the tail tip.	YELLOW-GREY VERY RARE Lacking all pigmentation except for the tail tip.	STANDARD GREY VERY RARE Lacking all pigmentation except for the tail tip.	STANDARD CROSS VERY RARE Lacking all pigmentation except for the tail tip.	GOLD CROSS VERY RARE Lacking all pigmentation except for the tail tip.	SILVER CROSS VERY RARE Lacking all pigmentation except for the tail tip.
DARK GREY VERY RARE Lacking all pigmentation except for the tail tip.	SMOKY GREY VERY RARE Lacking all pigmentation except for the tail tip.	STANDARD SILVER VERY RARE Lacking all pigmentation except for the tail tip.	DARK SILVER VERY RARE Lacking all pigmentation except for the tail tip.	BLACK VERY RARE Lacking all pigmentation except for the tail tip.	

Silver foxes engage in a system of bi-parental care, which is associated with their seasonal monogamous mating scheme. For a given litter, males contribute a large investment in the offspring by both feeding and protecting the den. While the pups are early in development, the male secures food for the nursing vixen. Whereas males are more vigilant in defending the den, females also defend their offspring aggressively.

BLACK FOX

Very Rare solid Black all over. May or may not have white tipped tail.



PET OF THE SEASON



ZANZBOODLE SPARKLE PAOLELLA (ZANZY)

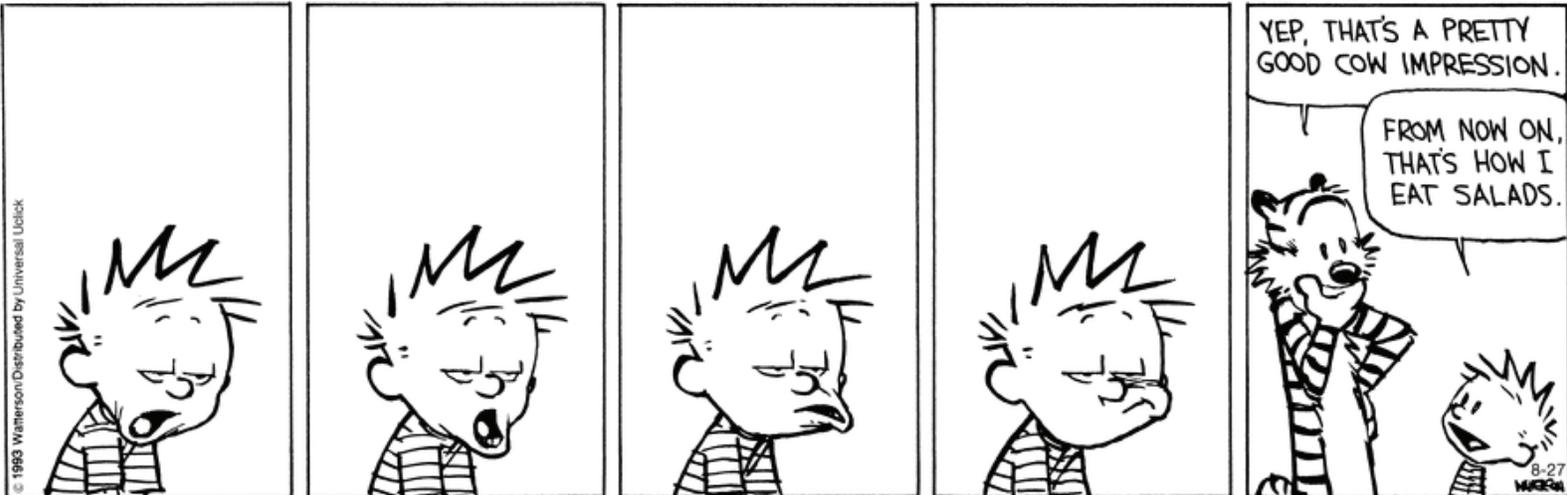
Hi Friends and Neighbors, My name is Zanzboodle Sparkle Paoella, my humans (John, Liz, Johnny 8 "almost 9" and Amelia 7 @ Creekside Elementray) mostly call me Zanzi, Jinglebells, and/or floofer. I am 2.5 year old Siberian Cat! You may have seen me in my window by the "house with the fountain" 1057 TPC, or with my humans yelling and running after me when I make a break for it to chase squirrels!!! Sometimes, not often enough, I'm lucky enough to put my harness on and hide in the bushes by my house! My humans are also super friendly and love to chat. Come say HI!

🐾 Hope to see ya out in the wild!! 🐾

WEATHER

B R S D R O P N E L W C
 K O Z N F W I R H O T L
 W G U R O J S E C Y A D
 E V C I S P U L F B M R
 S N O W J A N D W T H E
 Z B L G R F S Q I K Y P
 T U D M X C H A N C E O
 C P K B O Z I F D S L R
 O J M H E S N Y G R U T
 O W E A T H E R L A S B
 L C R I F M T H P I D G
 D A G L S U K B L N E R

CHANCE	HAIL	SNOW
COLD	HOT	SUNSHINE
COOL	RAIN	WEATHER
DROP	REPORT	WIND



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SUPER GOOD

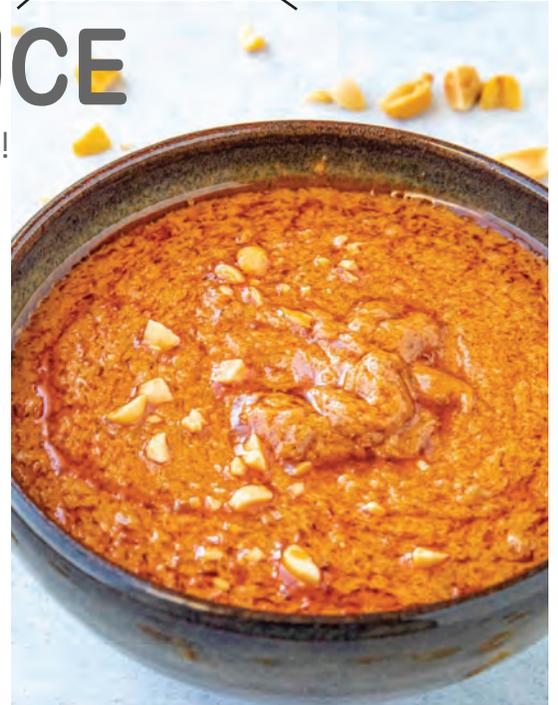
THAI PEANUT SAUCE

an easy recipe that will have you addicted!!!

By Merry Bullock

Have you ever ordered Thai appetizers JUST for the peanut sauce that accompanies them? I have and I always ask for more. After the last time, I decided that it must be possible to make this incredible condiment. After many trials with different recipes i came to one that really hit the spot - here is the link to it (its from Eat with Clarity) <https://eatwithclarity.com/easy-thai-peanut-sauce/>

and here is an annotated version of the recipe:



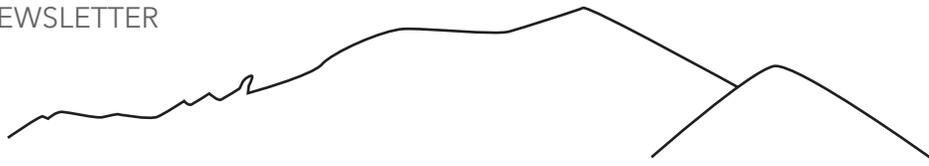
INGREDIENTS:

- 3/4 cup of "Pure" peanut butter - just peanuts and salt, not blended.
 - 3 Tablespoons of low sodium tamari sauce or tamari (I used low sodium soy - it seemed to blend better)
 - 1-2 Tablespoons of maple syrup (you need a little sweet in this sauce and maple syrup is really gentle. You can substitute light brown sugar, same measurements)
 - 1 Tablespoon toasted sesame oil - this gives it a nice nutty flavor
 - 2 Tablespoons rice vinegar (I have substituted cider and its still OK)
 - 1/2 teaspoon ground ginger - make sure yours is freshly bought - it changes and loses flavor if it gets old)
 - 2 small cloves of garlic minced (best through a garlic press)
 - 1 Tablespoon lime juice
 - 1/4-1/2 teaspoons red pepper flakes - this gives it a kick. If there are people among your eaters who don't like spicy food you can leave this out and add some later.
- Water as needed.

PREPARATION:

Mix all the ingredients in a large bowl and then add water to get it to sauce consistency. When the water mixes with the peanut butter it forms a funky emulsion at the beginning but then gets smooth. The original recipe calls for 1/2 cup water, but add it slowly because different peanut butters seem to react differently.

Once made it will keep in the refrigerator. The original recipe says for 10 days but I keep mine for a few months and it didn't seem to spoil (at least I am still here to tell about it!)



SHOUT OUTS!

THE LITTLE LIBRARY

Built and Donated by Mark Hafen. THANK YOU MARK!
 Installed by Mike McMillen. THANK YOU MIKE!

COMMON AREA LANDSCAPING

Managed by Massimo Buvoli. He says it's just part of the job, but we sure do appreciate it!



EXPAND YOUR NETWORK

NEED A HAND? ASK A NEIGHBOR!

Call for more business entrees! Email me your service or business and we'll list it here. spfdesign@comcast.net

Real Estate:

Sandrock Real Estate; Thom Sandrock thom@sandrockrealestate.com

Learn an instrument:

Guitar Boulder; Thom Sandrock <http://www.guitarboulder.com>

Garden Work Belt:

Reversible garden belt; keep your essential tools close. Made by Susan Poersch www.gardenanatomy.com

MAKE A DIFFERENCE RIGHT HERE, RIGHT NOW.

HOA

Contrary to popular belief not all HOAs suck. We are open, curious and learning. Please come help make our community a better place. We have 4 meetings a year and are very inclusive.

The next meeting is **August 21st 2022 at 6pm on zoom.**

Please join us and get involved!

BOARD OF DIRECTORS

- Merry Bullock, President
- Susan Poersch, Vice President
- Mike McMillen, Treasurer
- Kathy Hocket-Kramer, Secretary
- Massimo Buvoli, Landscaping Coordinator
- Jeremy Reynolds, Member at Large
- Thom Sandrock, Member at Large

NEWSLETTER

Please let me know if you would like to write a column or article or have any ideas for content and/or neighborly tips. Do you know anyone in SC7 you think would be great to highlight? Please email any ideas and submits to spfdesign@comcast.net

EVENTS

Do you have a topic you would like to speak on, a cause you would like to promote? How about leading us in a night of meditation? Or teaching us something new? Contact me! spfdesign@comcast.net

YOU'RE INVITED TO

TANTRA PALOOZA

a summer block party

SATURDAY JULY 16TH 4:30PM

CUL-DE-SAC BETWEEN 1035 & 1053 TANTRA PARK CIRCLE



- BOUNCE HOUSE - MUSIC - GAMES -
- FOOD TRUCKS (FOOD + SWEETS) -
- NEIGHBORS & FUN -

Feel free to bring your own food, drinks, tables and chairs. There will be grills available. Food trucks are for purchase from 4:30-6:30. See you there!